


#Region II Youth Today

RISK BEHAVIOR OF YOUNG PEOPLE IN REGION II

PART 1

 University of the Philippines Population Institute and the Demographic Research & Development Foundation, Inc.

OUTLINE

Part 1

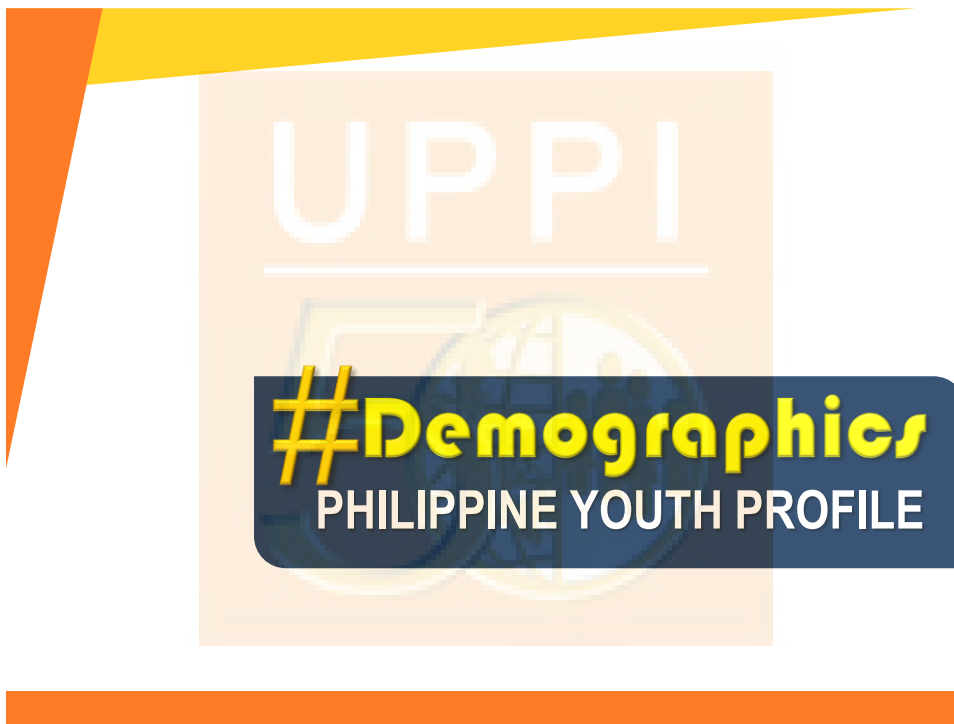
- Demography of the Filipino youth
- The 2013 YAFS Study
- Background characteristics of the youth
- Media exposure
- Nonsexual risk behaviors
- Summary

Part 2

- Sex and media
- Sexual activities
- Sources of information about sex and reproduction
- Teenage fertility
- Summary and conclusions

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What is the size of the population 15-24?

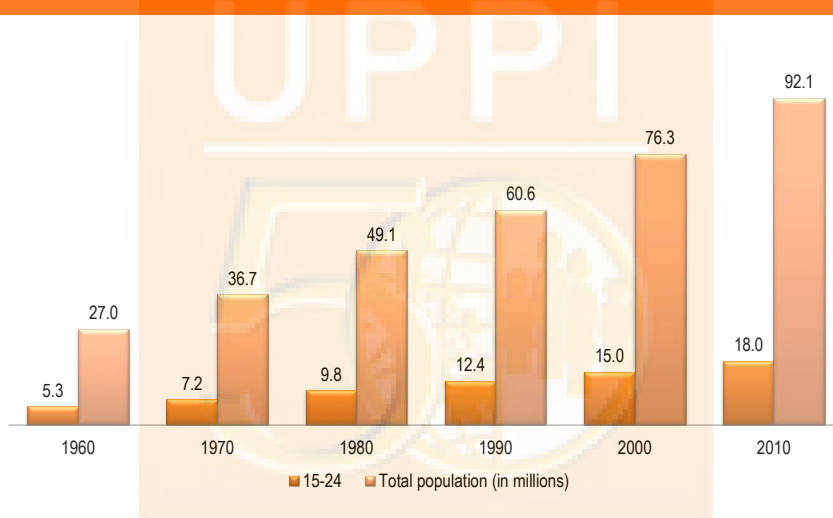
- In 2013, there were **19.3 M** youth in the Philippines
- Of these, **10.3 M** were aged 15-19
9.0 M were aged 20-24



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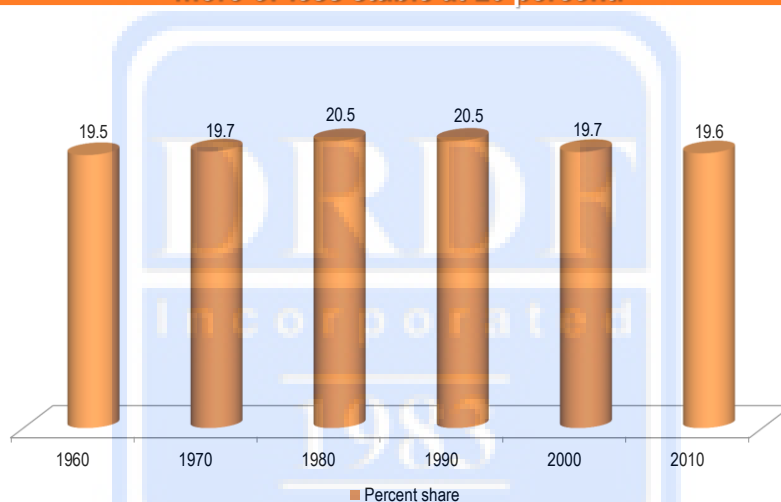
The size of the youth population has been increasing, as has the total household population of the Philippines.



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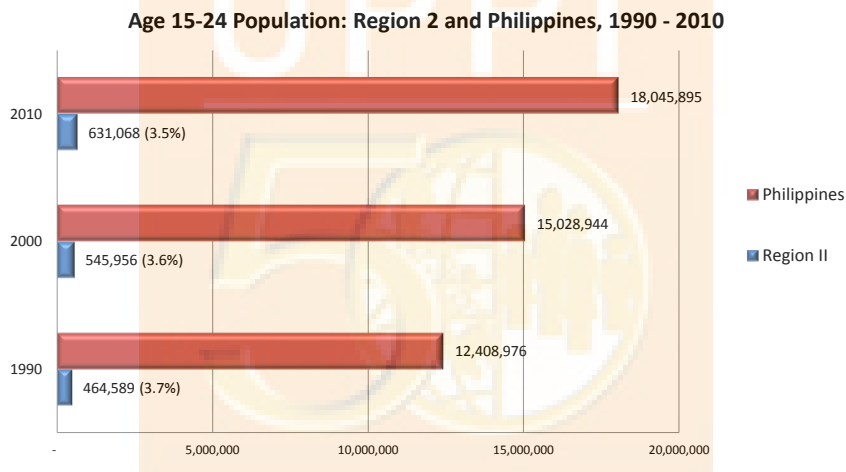
While the size of the youth population 15-24 is increasing, its percent share of the total population has remained more or less stable at 20 percent.



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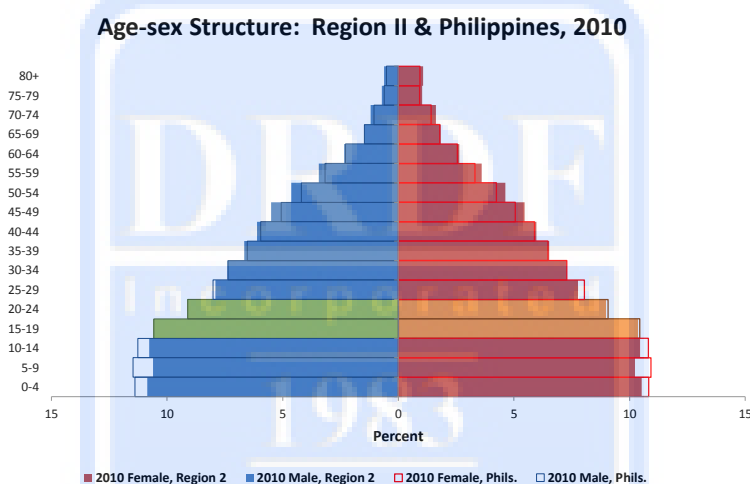
Number and percent of youth population: Philippines and Region II



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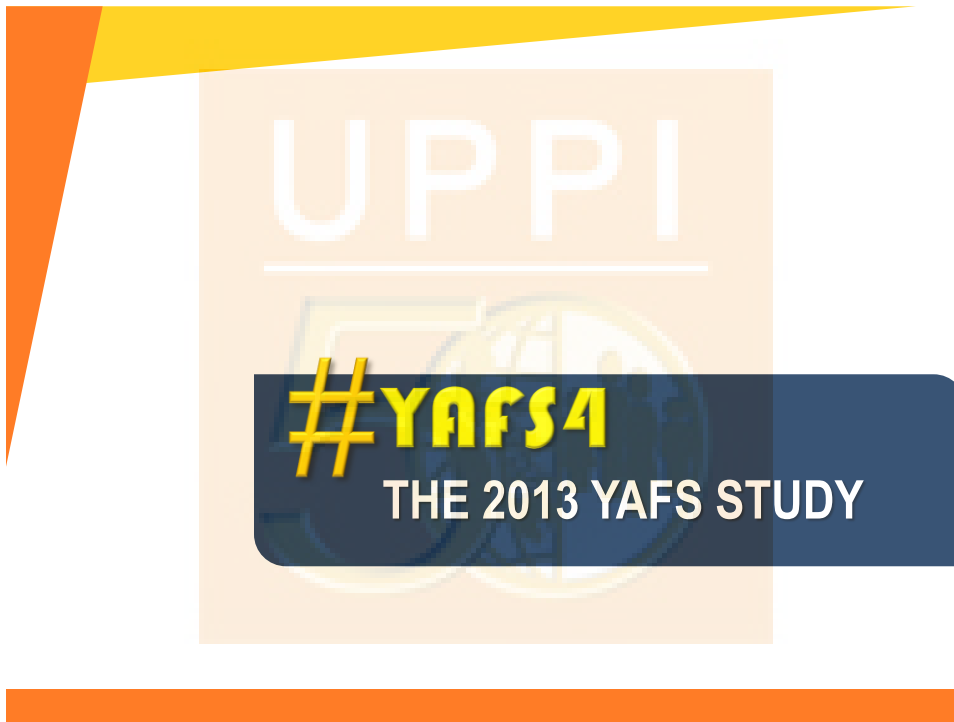
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Age structure of the Philippines and Region II populations, 2010



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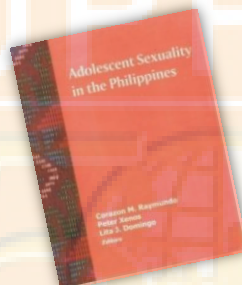
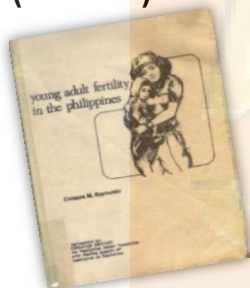


General objective of YAFS4

- To provide updated information on a broad framework of adolescent sexuality and reproductive health issues, their antecedents, and manifestations that will be useful in the design of interventions to safeguard the health and welfare of Filipino adolescents.

Predecessor surveys

**1982 YAFS
(YAFS 1)**



**1994 YAFS
(YAFS 2)**

**2002 YAFS
(YAFS 3)**



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1982 Young Adult Fertility Study (YAFS1)

- Funded by the Population Center Foundation through the Commission on Population
- Implemented by the UP Population Institute
- Sample: 5,240 respondents
15-24 years old
Females
Single and Married
Nationally representative (excluding Muslim region)

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1994 Young Adult Fertility & Sexuality Study (YAFS2)

- Funded by the United Nations Population Fund
- Implemented by DRDF and UP Population Institute
- Sample: 10,879 respondents
15-24 years old
Males and Females
Single and Married
Nationally representative (excluding Muslim region)

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2002 Young Adult Fertility & Sexuality Study (YAFS3)

- Funded by The David & Lucile Packard Foundation
- Implemented by DRDF and UP Population Institute
- Sample: 19,728 respondents
15-27 years old
Males and Females
Single and Married
Nationally representative
1st regional sample of Muslim youth

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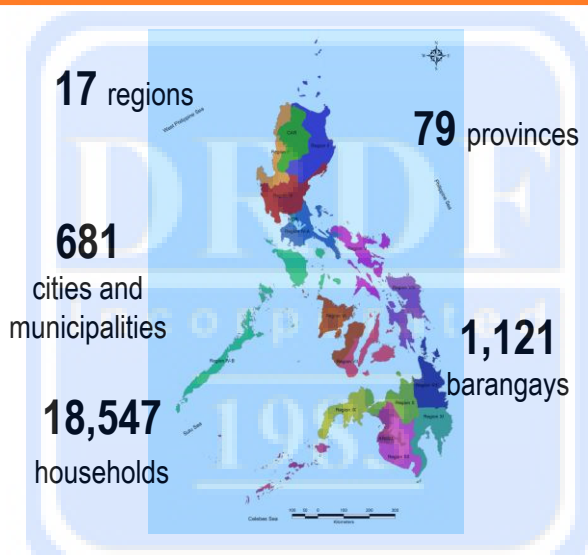
2013 Young Adult Fertility & Sexuality Study (YAFS4)

- Funded by The Australian Government, UNFPA, DOH and PCHRD
- Implemented by DRDF and UP Population Institute
- Sample: 19,178 respondents
15-24 years old
Males and Females
Single and Married
Nationally representative (including Muslim youth)

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Coverage of YAFS4



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Study instruments

A total of 10 survey instruments:

- *Household Form*
- *8 questionnaires for the youth respondents*
 - *Main Questionnaires*
 - Singe Female and Married Female
 - Single Male and Married Male
 - *Muslim Questionnaires*
 - Singe Female and Married Female
 - Single Male and Married Male
- *Community Form*

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Main Questionnaire contents

- Block A Individual Characteristics
- Block B Family Characteristics and Relationships
- Block C Self-esteem and Values
- Block D School, Work and Community
- Block E Media
- Block F Friends and Peers
- Block G Health and Lifestyle (NEWLY ADDED)

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Main Questionnaire contents

Block H	Marriage
Block I	Puberty, Dating and Sex
Block J	Fertility and Contraception
Block K	Knowledge and Attitude towards Marriage, Sex and Related Issues
Block L	Reproductive Health

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Survey design

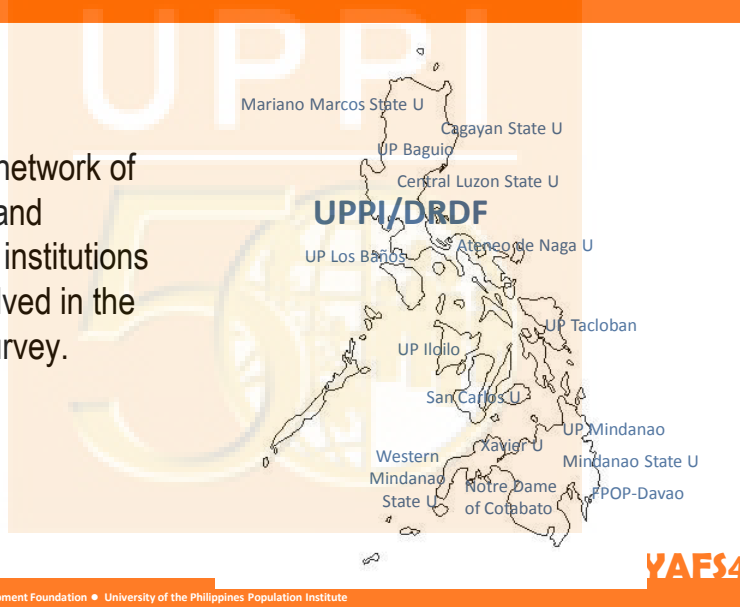
- Sampling domain: Region
- Sample size per region: About 1,000 respondents
- Sampling design:
 - Multistage, stratified random sampling;
 - In each region, barangays were stratified into S, M, L with the size of the youth population as the stratification variable;
 - Within each stratum, barangays were selected with probability proportional to the population size;
 - In each barangay, 15 HHs were selected using systematic random sampling;
 - All eligible members of the sample household (15-24 years old) were interviewed.

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Field implementation

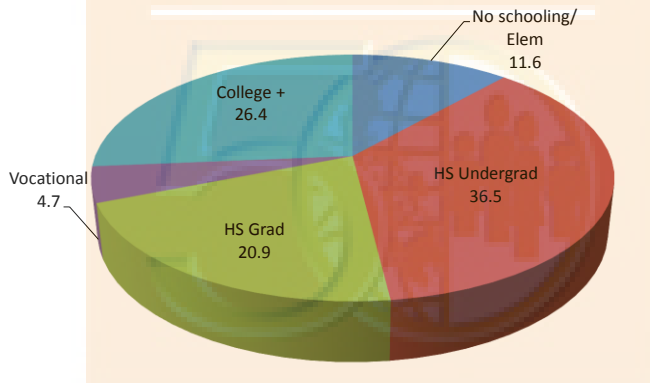
Regional network of research and academic institutions were involved in the YAFS4 survey.



#RegionIIProfile
BACKGROUND CHARACTERISTICS

Education profile of Region II youth

PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT

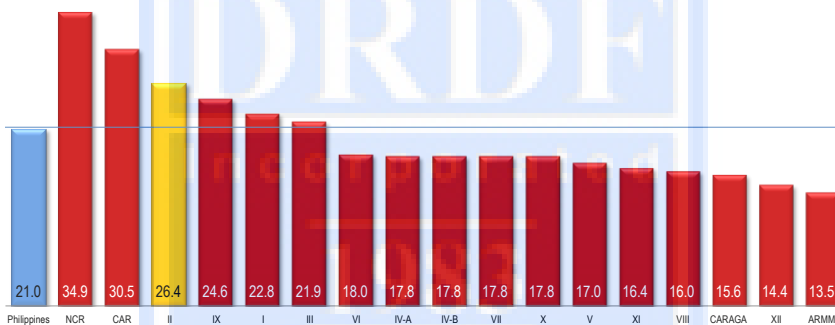


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Region II's youth have the third highest proportion of those who have college and higher education

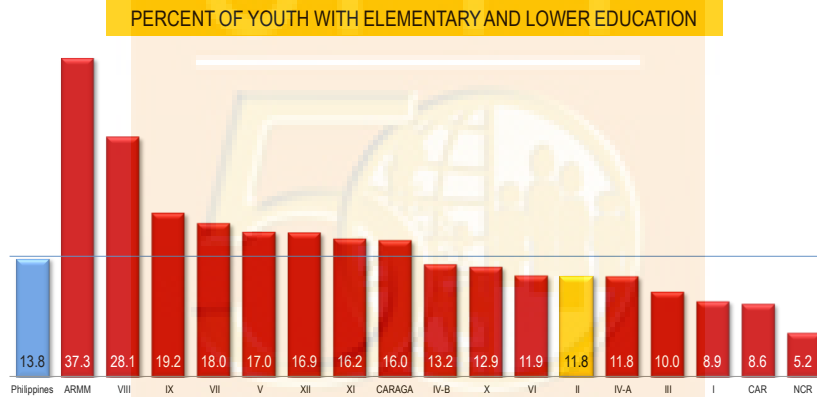
PERCENT OF YOUTH WITH COLLEGE AND HIGHER EDUCATION



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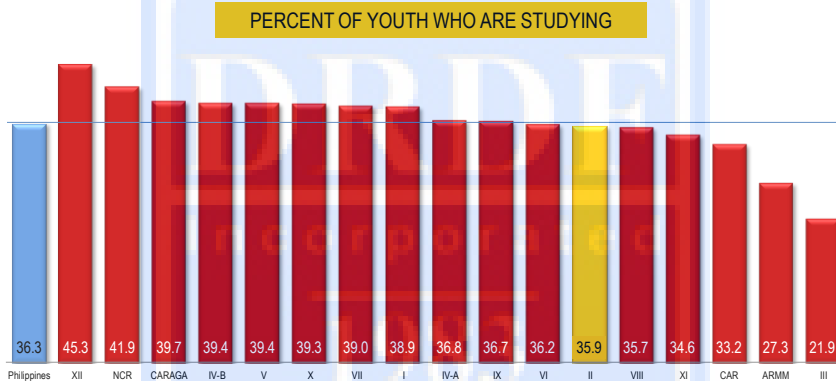
... and also among the regions with the lowest proportion of those with elementary and lower education



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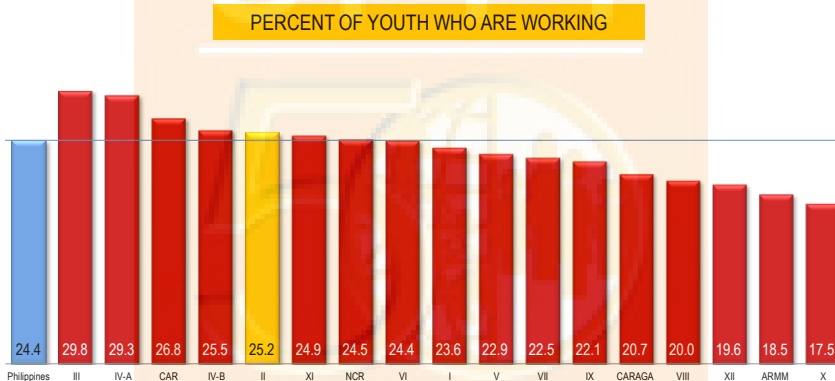
Percent of youth who are studying is below the national average



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.. Because 1 out of 4 Region II youth are working



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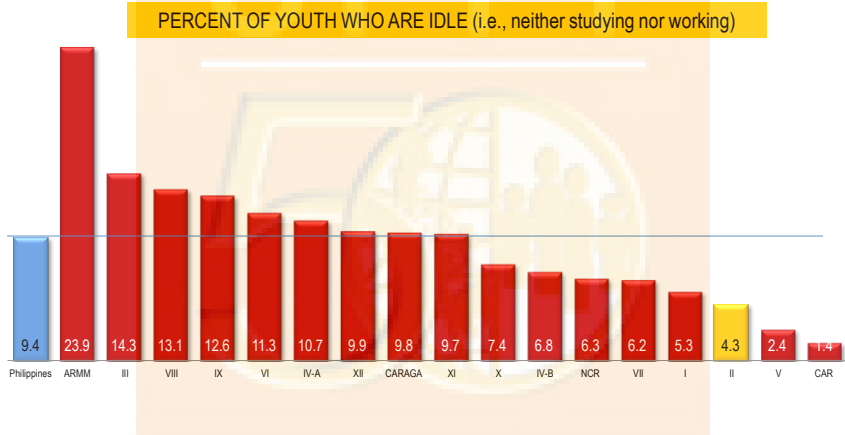
Region II has the 3rd smallest proportion of unemployed youth



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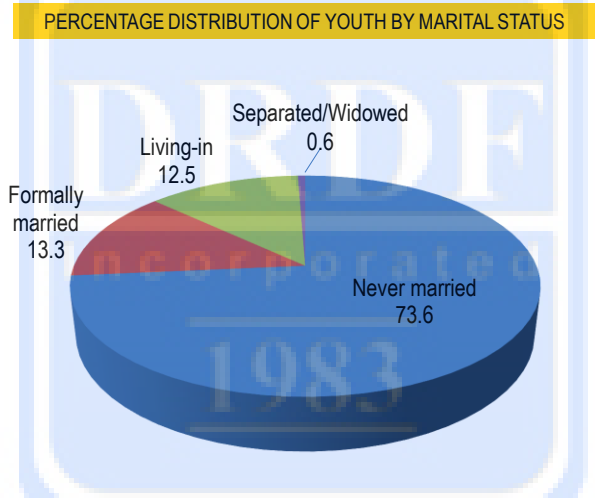
... and also has the 3rd smallest proportion of idle youth



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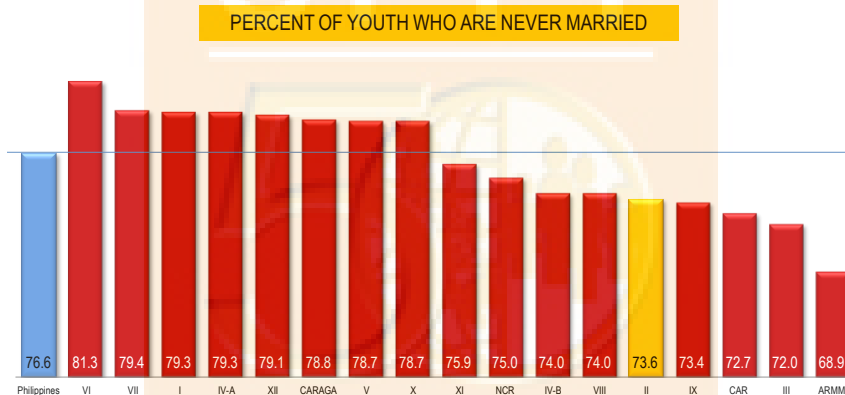
Marital status of Region II youth



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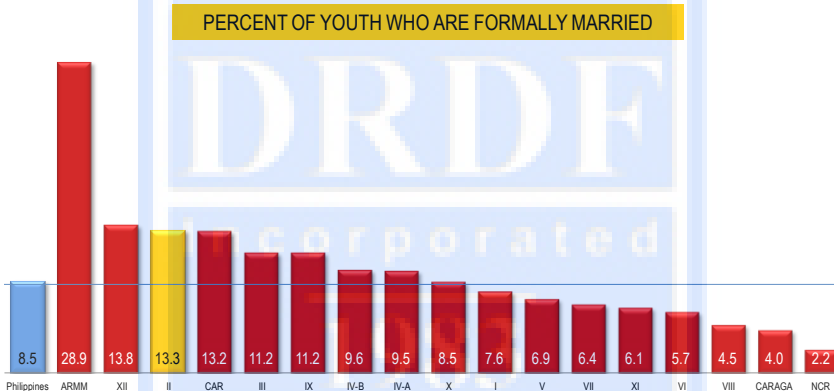
Almost 3 out of 4 Region II youth are never married



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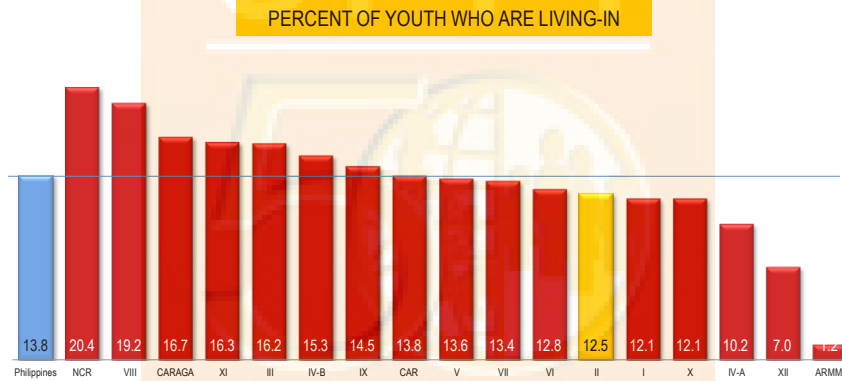
Region II has the 3rd highest proportion of youth who are formally married



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Proportion of living-in is below the national average



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#Tweets & likes
MEDIA EXPOSURE

DRDF
1983

Low and declining appeal of traditional media among Region II youth

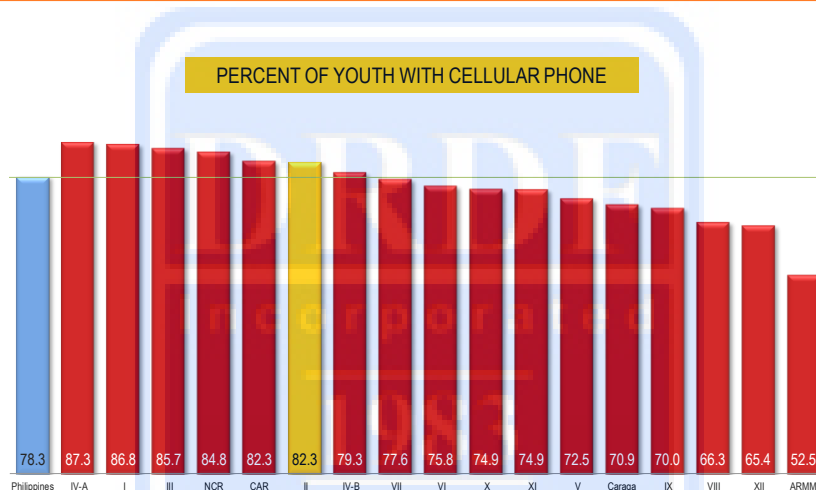
- **% who regularly read**
 - broadsheet newspapers
 - 14.8% in 2002 → 6.1% in 2013
 - tabloids
 - 9.2% in 2002 → 2.2% in 2013

- **% who watch TV regularly**
 - 79.4% in 2002 → 75.6% in 2013

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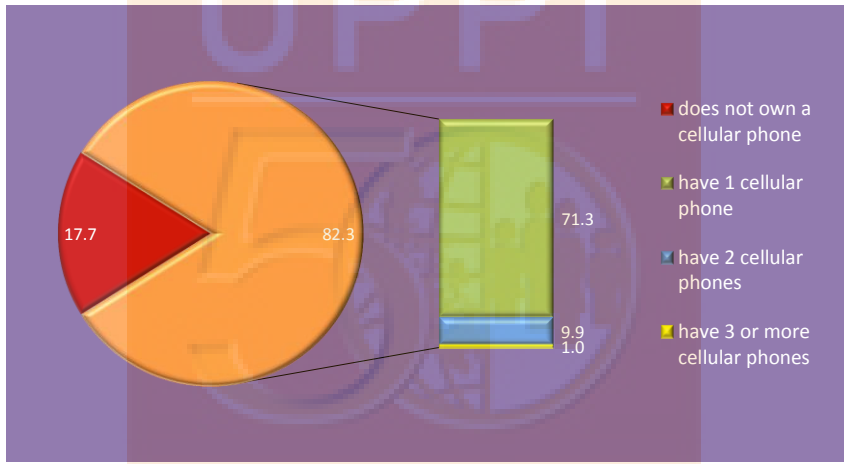
More than 4 out of 5 youth in Region II own a cellular phone



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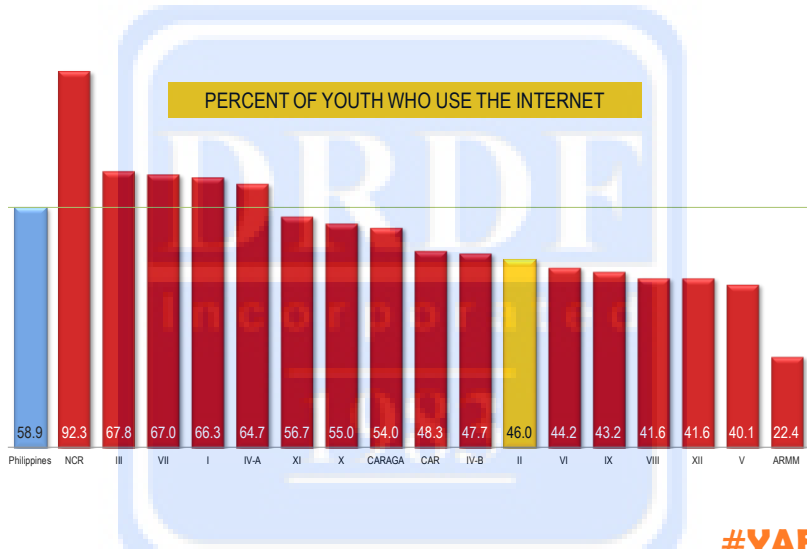
Ownership of cellular phones



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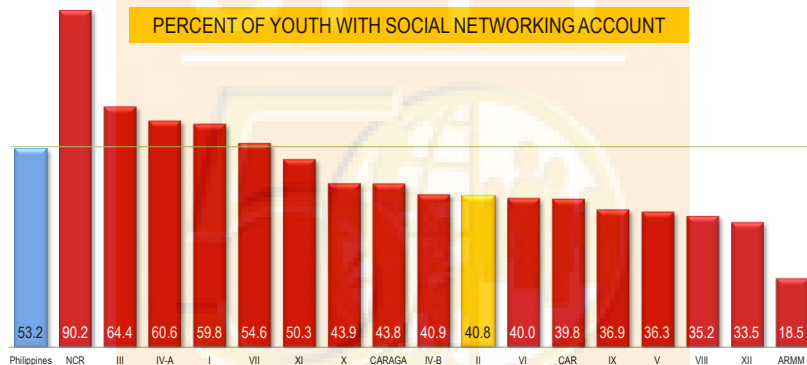
Percent of Region II youth who use the internet is below the national average



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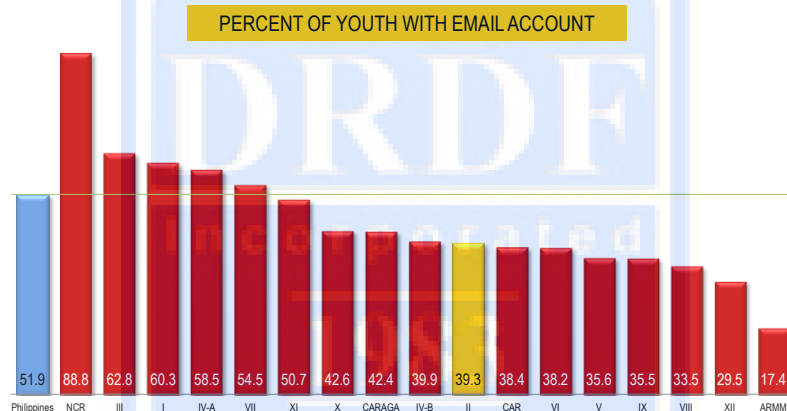
Only 2 out of 5 Region II youth have social networking account



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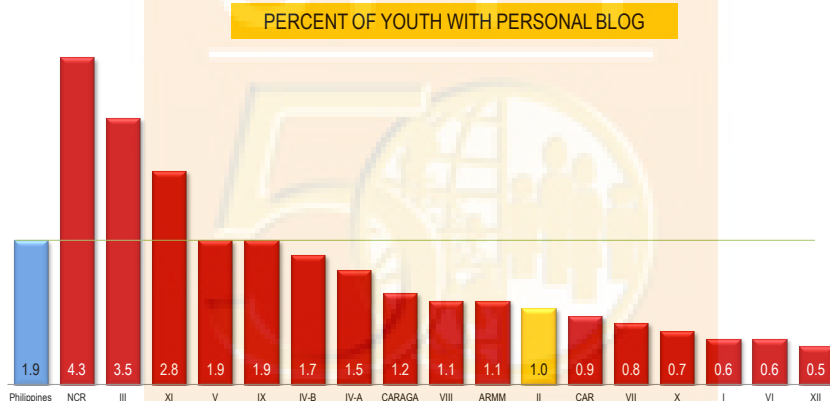
Only 2 out of 5 Region II youth have e-mail account



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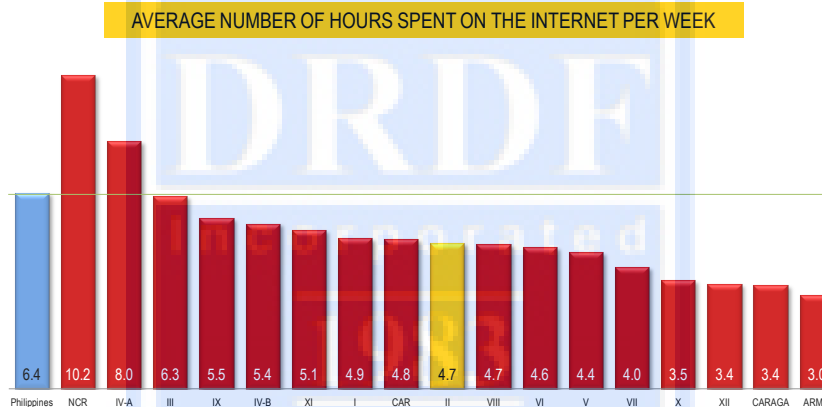
A mere 1% of Region II youth own a personal blog



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Average number of hours spent on the internet by Region II youth is below the national average

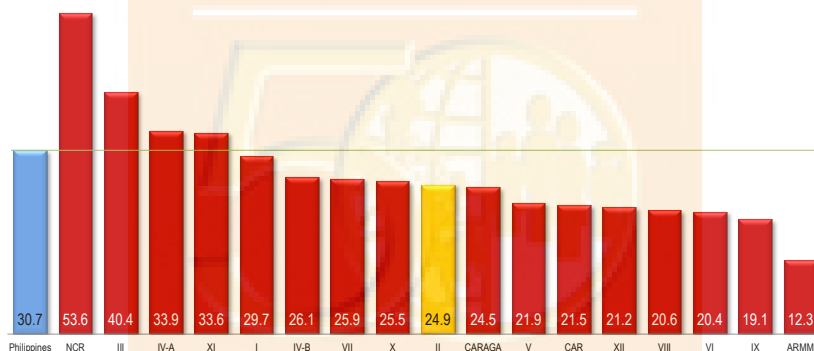


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1 out of 4 Region II youth have online friends they have not met in person

PERCENT OF YOUTH WITH ONLINE FRIENDS THEY HAVE NOT MET IN PERSON

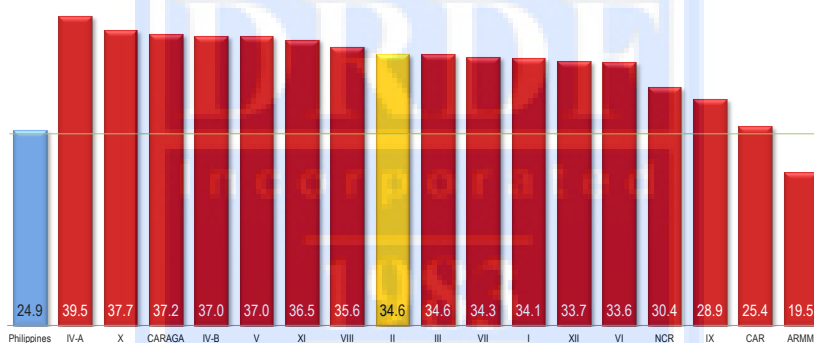


#YAFS4

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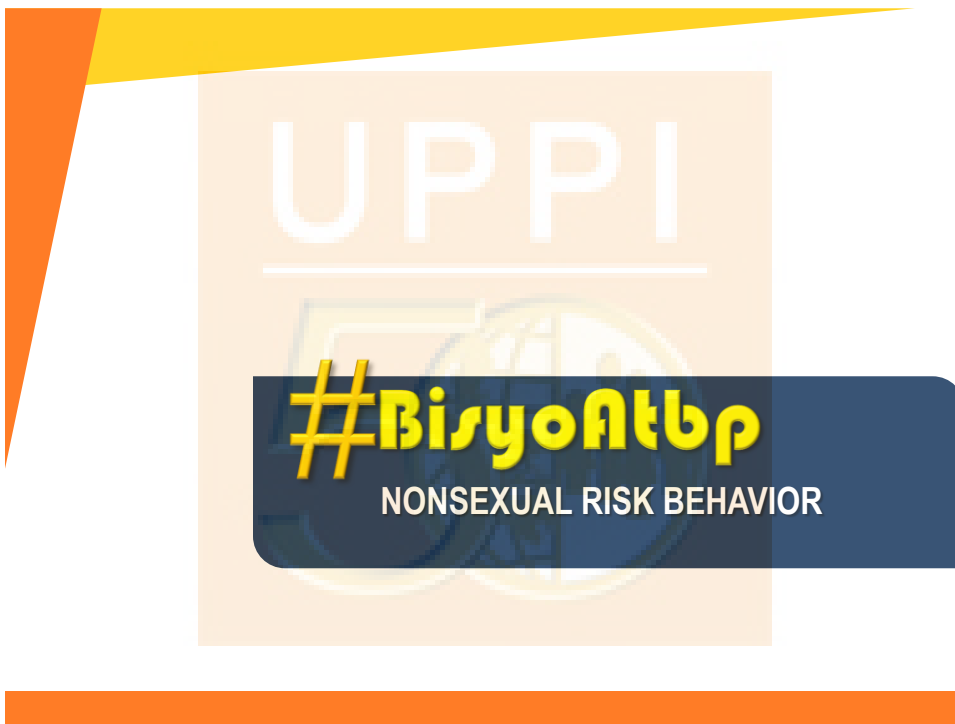
1 out of 3 Region II youth have textmates they have not met in person

PERCENT OF YOUTH WITH TEXT MATES THEY HAVE NOT MET IN PERSON

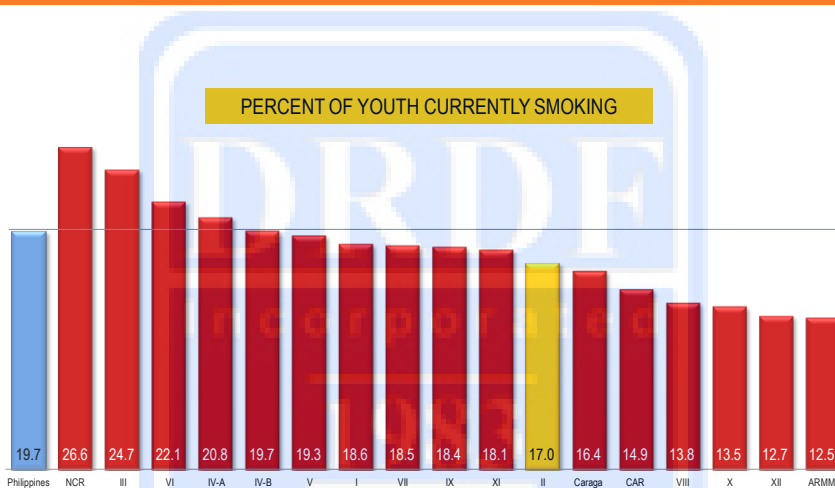


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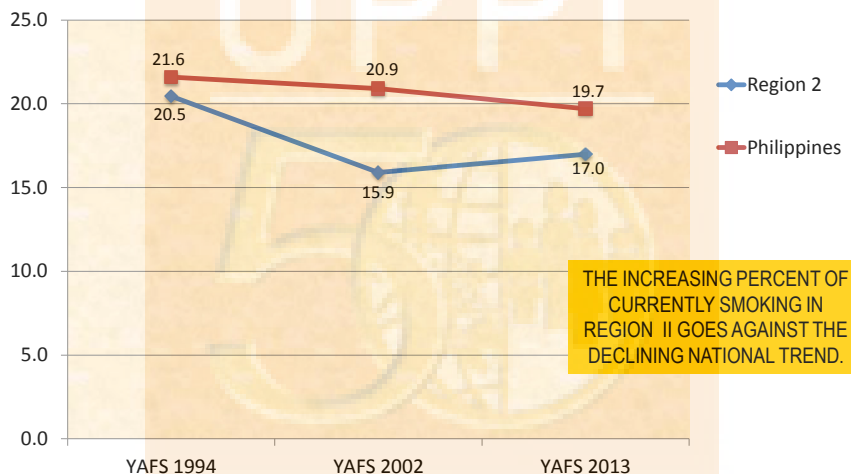
Proportion of Region II youth who are currently smoking is still below the national average



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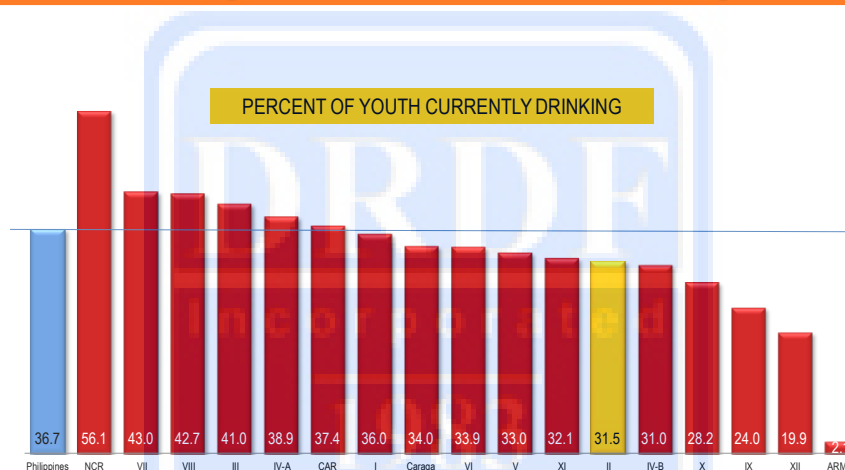
...But the trend of the proportion currently smoking goes against the national pattern



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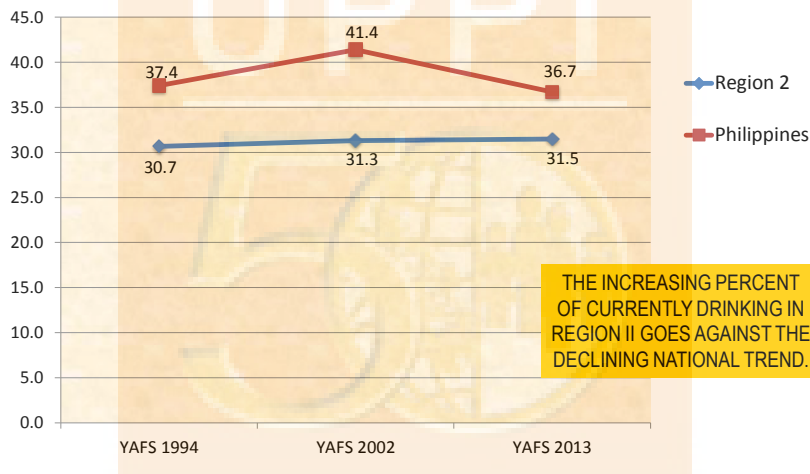
Region II's proportion of youth who are currently drinking is below the national average



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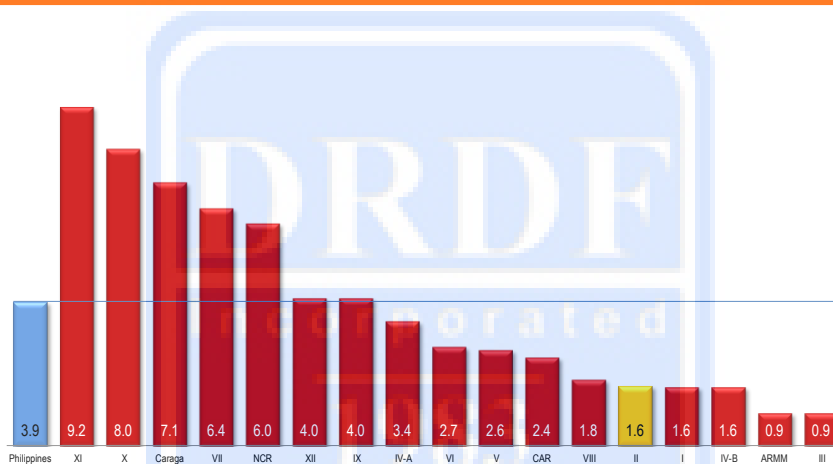
... But the region's proportion of youth who are currently drinking is on the rise contrary to the national trend



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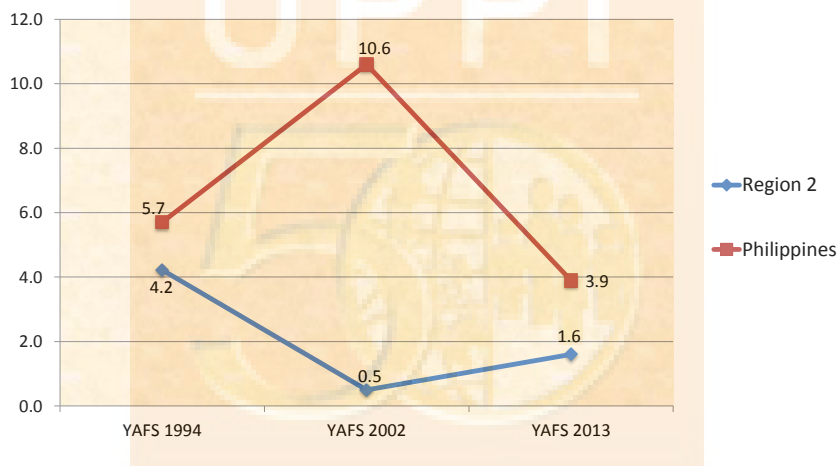
Proportion of Region II youth who ever used drugs is below the national average



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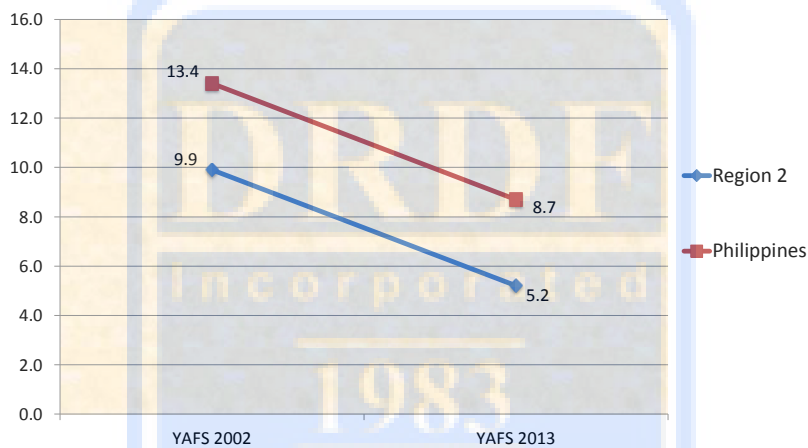
... But the proportion of Region II youth who ever used drugs is also on the rise



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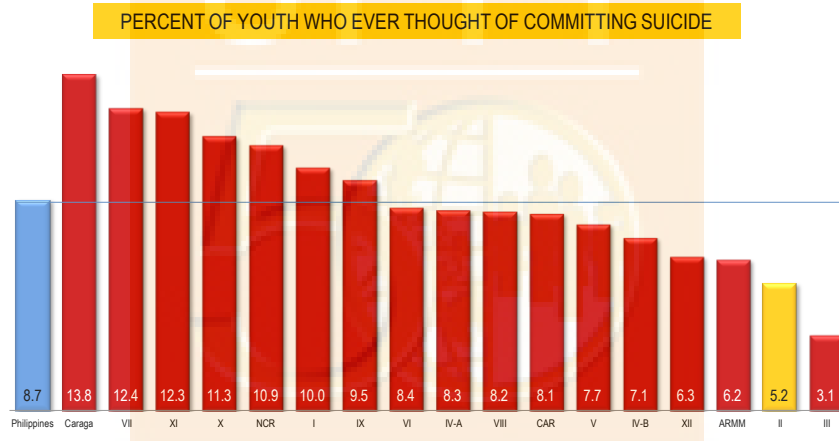
Between 2002 and 2013, the proportion of youth who ever thought of committing **suicide** declined



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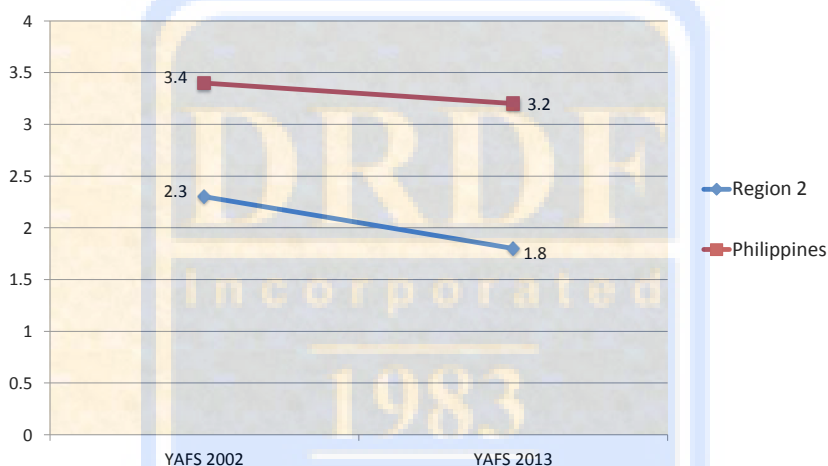
5.2% of Region II youth have ever thought of committing suicide



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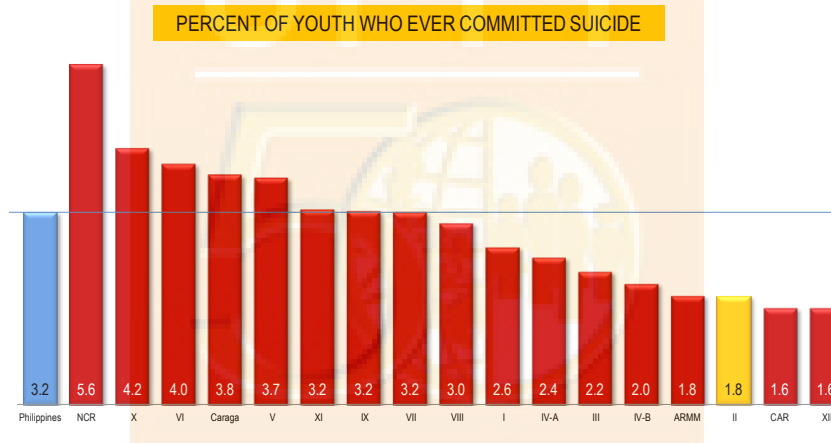
Percent who attempted to commit suicide in the past decade...



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1.8% of Region II youth ever attempted suicide



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Region II has the 3rd largest proportion of youth as aggressors of violence, but the proportion of youth who became victims of violence is less than the national average

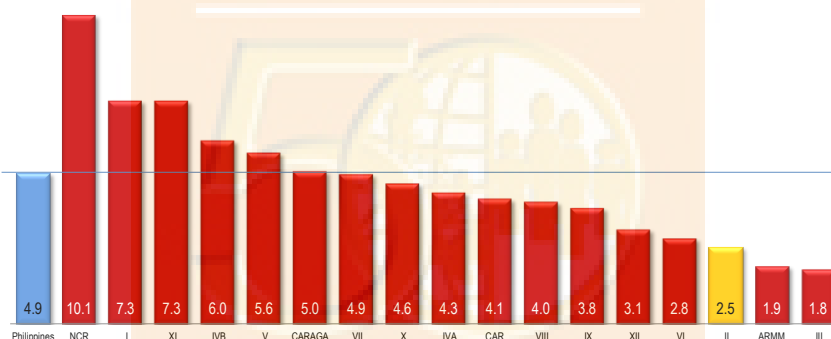


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2.5% of Region II youth have experienced harassment through technology

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY



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SUMMARY

- Profile of Region II youth:
 - One of the best regional education profiles registering the 3rd highest % of youth who have at least some college education;
 - Among the regions with the least proportion of studying youth (6th) but among the top regions in terms of the proportion of youth working (5th)
 - Has the 3rd highest proportion of youth who are formally married (13.3%)

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SUMMARY

- Media exposure of the Region II youth:
 - Low and declining use of traditional media forms like newspapers and magazines although TV viewership remains high (75.6%)
 - Very high use of new information technology
 - Internet use among Region II youth is less prominent compared to the Philippines as a whole:
 - Internet use (46%)
 - Duration of internet use (4.7 hours/week vs. 6 at the national level)
 - With a social media account (40.8%)
 - With an email account (39.3%)
 - With online friends who they have not met personally (25%)

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SUMMARY

- Non-sexual risk behaviors of Region II youth:
 - Increasing % of currently smoking and currently drinking youth in the past decade despite the generally declining national trend
 - % of Region II youth who are into certain vices is below the national average:
 - currently smoking (17%)
 - currently drinking (31.5%)
 - Ever used drugs (1.6%)
 - With the second least proportion of youth who ever thought of committing suicide (5.2%)
 - 2.2% of youth ever attempted suicide

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